

# How to Teach Your Child Law of Attraction while You Play

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Ideas to create fun and lessons to learn at  
everyday life activities



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<http://www.bestchildrenlessons.com>

# Contents

What Law of Attraction is all about? ..... 3

How to Play with Children and Teach them Law of Attraction ..... 4

Discover kid’s dreams..... 8

Show Gratitude..... 10

Think Positively ..... 12

About the Author ..... 14

## What Law of Attraction is all about?

Since the movie “The Secret” the interest for Law of Attraction grew tremendously. It looked so easy to get what you want on the film.

The Law of Attraction can simply be described in 3 steps

### *ASK – BELIEVE - RECEIVE*

First of all you have to know what you really want. And you have to ask for it in the right way. People often say “I want more money”, but in reality they want freedom, security, more free time... And they end up wanting for more money.

Or they say “I don’t want to have debt.” And they have even more debt, because the Universe doesn’t distinguish between do and don’t.

Be careful what you wish for!

After we give our wish out, we have to believe that it is already on our way. We have to see the thing owning, we have to feel having it... We can help ourselves with visualization and imagination.

And the final step is to receive the thing we wanted. Here is where the positive thinking and gratitude are of greatest importance. By expressing gratitude we expand our positive feelings and emotions and our vibrations are on higher level and thus more likely to attract or manifest things.

There are several other Universal Laws, which affect our manifestation and attraction. They can also be called Divine Manifestation, Cosmic Ordering or something similar, but I call it simply Law of Attraction.

## How to Play with Children and Teach them Law of Attraction

I am sure you agree with me, that teaching the children Law of Attraction and its principles is a great asset for their future. And you never can start too early.

*Learning is the beginning of wealth. Learning is the beginning of health. Learning is the beginning of spirituality. Searching and learning is where the miracle process all begins.*

*Jim Rohn*

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But if you have kids like mine, you would know that even if you merely mention the learning and teaching it scares them away.

So you have to be smarter. And funnier. And entertaining. And even cunning. You have to disguise the learning in the play.

There are numerous events and activities where you can teach a child a lesson. Look out for opportunities and I'm sure you can find countless possibilities to involve your child in the teaching.

Later on I'm giving you some ideas for games and activities but first of all I want to emphasize some important rules (that I'm sure you already know) that you have to take into account when teaching while playing:

- **HAVE FUN**

Both you and your child should have great time at what you are doing. Teaching and learning is so much easier when you have fun. The child will more likely cooperate if you make it an entertainment.

- **ENJOY THE PROCESS**

Enjoy in the time spent together and in the learning process. Do not just pursue your ultimate goal. Sometimes the process itself is worthier than the goal. Remember that each little step brings you closer, so take little steps if necessary.

- **RESPECT THE CHILD'S NEEDS AND IDEAS**

Even when you have a specific goal in mind, follow the guidance of your child. Let him play his way, with his own pace and on his own terms. Or even if he just plays... you can still be proud to let him be a child.

- **BE PATIENT**

Every learning needs some time. Your main purpose is to teach your child through play. So let him play. This is the most important thing. Learning should come spontaneously and indirectly. Maybe your child is not in the right mood; maybe you didn't explain it very well. Or you need to give some additional instructions. Anyway, stay calm.

- **BE OPEN-MINDED**

Sometimes the answers of your little one can surprise you. Or even embarrass. Or they say something you consider inappropriate or rude. But try to understand his feelings and stand in his point of view. Maybe his remarks are not off the track at all. Especially be aware of

your reactions on his dreams and visions. You never know what might happen. Remember how in our younger days we didn't have the phone, never heard of the computer and the internet. Who knows what will be possible in 20 years from now?

- **TAKE TIME**

It always takes time to learn new things. Don't expect it to be fast, and you are playing along, so it will take at least twice as you expected. What you can do is to make some activities parallel. You can talk with your child about his dreams and goals while you are waiting somewhere or you are driving or even when you are shopping.

But some games need special attention and for them make sure to take your time, because you don't want to interrupt your play and teaching with other things.

- **LISTEN CAREFULLY**

Make sure that you pay attention to what your child is saying. It will make him important and respected, but most of all you will learn a lot about your child. You can hear about his most secret wishes and fears too.



- **HAVE LOTS OF QUESTIONS**

While you play, always encourage your child to express himself. Always question why. Ask open questions, that is those that don't demand yes/no answers such as How? Where? What? With whom? ...They will inspire imagination and attention to the details.

- **ENCOURAGE CREATIVITY AND ORIGINALITY**

When your child shows or says something original and creative, remember it and empower him to do it more often. Teach your child that he is unique and help him express his own feelings and emotions.



And again, have fun, fun, fun.

When you follow rules above, you show your child that you acknowledge him and his thoughts. You make him feel appreciated and listened to and that you really care.

He will more likely trust you and he will enjoy the games even more.

What is most rewarding about this, you can see the results immediately.

You will have happier and more satisfied child. He will know what he wants and how to get it. He will be empowered by his own positive attitude and creativity. And his self-esteem will grow.

And you will get your own satisfaction and peace along with the pride and joy.

## Discover kid's dreams

As I said before the first step of the Law of Attraction is to **ASK**. If you want to ask for something, you must first know what that something is. You must decide what you want. And why you want it.

Imagine it like going to the store and if you don't ask for the thing you don't get it. You have to be specific. Think of the times you shopped for something valuable – maybe a car or furniture. You knew exactly what you want, down to the tiniest detail.

I don't know of any better way to find out about your dreams than talking about different situations that make you feel good. Think of the past experiences and dream about distant places and adventures.



When you talk to a child about his dreams or what he wants in his life, remember the rules. If you ask directly, what he wants to be in 20 or 30 years, very few will know the answer. That is why you need to encourage the dreaming and pretending that he finds himself in all kind of situations:

- Imagine being a superhero that can do everything. You have superpowers – what do you do with them?
- What would you do with the magic wand?

- What gifts (not just material things) would you ask the fairy for?
- Where would you go if you had the wings?
- What kind of house would you live in?
- What would you do if you get a million dollars?

When you can ask your child about all this, his imagination will go wild. Encourage him to describe all the details including all senses. And ask him about feelings and emotions.

## Show Gratitude

There is a special combination that seems to be perfect for this (=clearing the water), which is love plus the combination of thanks and appreciation reflected in the English word gratitude.

Masaru Emoto (Messages from Water)

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If gratitude can do this to water, imagine what it can do for us!

We all agree that expressing gratitude makes both, the one saying it and one receiving it, feeling great. When we feel great, we vibrate at higher level and our good and positive thinking attracts more positive things into our lives. We concentrate on the things that we already attracted in our lives and by showing appreciation we are open for more.



You can teach your child to start a gratitude journal, which requires some discipline. But as we talk here about playing and learning, give your kids some assignments that will look like a game:

- Can you name 10 things that you are grateful for that starts with an M (or whatever letter you decide)?

- Can you make a list of all the things that start with each letter – from A to Z?
- Can you list 100 things that you have?
- Write and draw a thank you note to someone special – friend, teacher, grandma...
- Make gratitude gifts – like bookmarks, little polymer animals (like pigs, that in some countries bring luck) or clovers... and deliver them with a thank you note

Encourage him to concentrate on all aspects of the life, not just material things but also values and virtues.

## Think Positively

*The positive thinker sees the invisible, feels the intangible, and achieves the impossible.*

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We need to take extra special care of our thoughts and feelings. What we give out, we get back. Thoughts become things. And that is why we want to have positive feelings and positive thoughts with positive emotions.

Help your child to see positive things, by finding them in the world around him. Encourage him to see good and favorable things and situations in his life.



Here are some ideas to develop the positive outlook:

- Review kid's life and make together a list of everything he knows (that is that he learnt in the past – from crawling, eating, walking and talking right to this day)
- Find 100 things around you that you find positive and beautiful and explain why
- Do some laughter yoga

- Make a CD with child's favorite songs that make him feel good and encourage him to dance (jump or whatever he feels)
- Make a poster with positive affirmations and cute pictures (this one takes some time)
- Collect photos or pictures from the magazines that your child finds positive and make a placemat (laminates the large sheet of paper after you glue the pictures on)
- Make a bookmark with positive or encouraging quote

## About the Author

**Alenka Tercic** is a stay at home mom and entrepreneur , whose mission is to empower parents to raise prosperous, positive, responsible and accountable children. By raising and educating her own daughters she learns the importance of early teaching of the Universal Laws that are not taught in the schools.

After spending 15 years in the business corporate world, her passion became her new vocation – helping children and their parents to define and pursue their dreams, living creative, joyful and magnificent lives.

She holds a Bachelor’s Degree in Economics and an MBA and is studying to become certified Law of Attraction coach.

Read more about Alenka at <http://www.bestchildrenlessons.com/about>

### Visit website

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